

Nutrition Facts

1 Serving Per Container

Serving Size**1 bottle (237 mL)**

Amount Per Serving

Calories**530**

% Daily Value*

Total Fat 26g	33%
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Saturated Fat 2g	10%
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Trans Fat 0g	
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Cholesterol 5mg	2%
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Sodium 280mg	12%
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Total Carbohydrate 52g	19%
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Dietary Fiber 0g	0%
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Total Sugars 13g	
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Includes 13g of Added Sugars	26%
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Protein 22g	44%
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Vitamin D 12mcg	60%	• Calcium 250mg	20%
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Iron 6.3mg	35%	• Potassium 420mg	8%
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Vitamin A 520mcg	60%	• Vitamin C 60mg	70%
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Vitamin E 7.5mg	50%	• Vitamin K 60mcg	50%
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Thiamin 0.6mg	50%	• Riboflavin 0.6mg	45%
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Niacin 8mg	50%	• Vitamin B6 0.8mg	45%
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Folate 200mcg DFE		• Vitamin B12 1.2mcg	50%
(120mcg Folic Acid)	50%		

Biotin 15mcg	50%	• Pantothenic Acid 2.5mg	50%
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Phosphorus 250mg	20%	• Iodine 60mcg	40%
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Magnesium 80mg	20%	• Zinc 5.5mg	50%
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Selenium 28mcg	50%	• Copper 0.45mg	50%
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Manganese 1.1mg	50%	• Chromium 18mcg	50%
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Molybdenum 23mcg	50%	• Chloride 300mg	15%
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Choline 110mg	20%		
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* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.